



Lakes Area Hawks Cheer Camp

Saturday July 31st & Sunday August 1st 2010

Hawks Field located at Hickory Glen Park

420 Glengary Rd Commerce Twp., MI 48390

This program is open to all kids ages 5-14. Emphasis is on learning the fundamentals of cheerleading with stunting! Our goal is to make cheerleading a fun, safe and competitive sport for any child. No experience necessary.

Instruction will be led by Walled Lake Northern High School Coaching Staff & Cheerleaders.

Each participant will receive a camp shirt* and lunch both days!

*Camp shirt available for pre-registrants only

\$55.00 by July 10th \$65.00 July 11th-Camp (no shirt)

There will be an exhibition performance for Parents to watch on Sunday at 1:00pm followed by an awards ceremony! This camp will be lots of fun so put your smile on and come join us! This is also a great way for girls to decide if they would like to join the Lakes Area Hawks for our season which starts Monday August 2nd and runs through the Michigan Youth Football & Cheer Conference **Super Cheer** Competition in November.

SATURDAY JULY 31st

SUNDAY AUGUST 1st



9:30 - 10:00 Registration

- 10:00- 10:30: Staff Intros and Warm up
- 10:30 - 11:15: Cheer
- 11:15- 11:45: Pick Ups
- 11:45 - 12:15: Lunch
- 12:15 - 12:45 Circle Parts
- 12:45 - 1:00: Review and Cool Down

- 10:00 - 10:30: Warm up and Review
- 10:30 - 11:00 Chants
- 11:00 - 11:45: Workshop
- 11:45 - 12:15: Lunch
- 12:15 - 1:00: Performance Review Prep
- 1:00 - 1:30 Exhibition & Awards**



QUESTIONS? CONTACT RACHEL GARMEN @ 248-842-0190 EMAIL RLGARMEN@SBCGLOBAL.NET or LAHAWKS.COM

Fee: \$55.00 by July 10th / Late Registration (after 7/10 or at camp) \$65.00

To Guarantee a spot and a t-shirt, return the application below

(one per child) by Friday July 10th with check or M.O. made payable to: **LA HAWKS**

Mail to: **RACHEL GARMEN 1281 MALCOLM DR. WATERFORD MI, 48327**

Childs Name _____ Age _____ interested in Hawks Cheer Teams ? ___Y___N

T-shirt size (circle one) YS YM YL YXL AS AM AL AXL

Home Phone _____ Address _____

Parents Email _____ Amt. Enclosed (circle one) \$55 Late reg.\$65

Emergency Contact _____ Phone _____

By signing below I acknowledge that I will hold harmless the L.A. Hawks Cheerleading, the camp, any of its coaches, helpers, staff or participants for any accidents, injuries or unforeseen ailments that could possibly happen to the person for whom I am signing. I am fully aware that cheerleading is a physical sport, and has been known to cause bodily injury.

Parent or Guardian Printed Name _____

Parent or Guardian Signature _____